



In this edition of my Chair's Report I talk about making a pledge as part of our 'Make a Change' campaign and the Borough's 50th anniversary celebrations. There is also information on the stakeholder event hosted by Healthwatch which saw consultation on the Health and Wellbeing Board Strategy refresh and service planning. I would welcome Board Members to comment on any item covered should they wish to do so.

Best wishes,

Cllr Maureen Worby, Chair of the Health and Wellbeing Board

Make a Change

We're looking for Barking and Dagenham's movers and shakers in health and adult social care to be at the forefront of practicing what we preach: making changes for a healthier lifestyle.

"Do what I do, not what I say!"

We're running a 'people like me' inspirational campaign, created with and for people from all walks of life. So far, we have just a few pledges from Councillors and residents, and we need to inspire more people to get in touch. We need Councillors, chief executives, directors, doctors, dentists, physios, nurses, and... you know who you are! What are you doing, or planning to do, that sets a good example?! Every story, tweet, poster and flyer will be signposting people to our borough's health and wellbeing services and resources.

Spread the word...

We need you to tell us what you do to keep healthy, and/or what you plan to do to improve your health and wellbeing. We also need you to nominate colleagues and service users. No problem if participants want anonymity, but even better if they'd like to be on posters and in the press! Please contact Ellen Doran at ellen.doran@lbbd.gov.uk to make **YOUR** pledges and nominations.

50th Anniversary celebrations

We're also finalising the borough's 50th anniversary programme, celebrating Barking and Dagenham's existence as a single London borough; a series of events highlighting our heritage, our successes, and our future plans. Your #makeachange pledges will form part of those celebrations.

We're asking everyone to make a mark now with a personal celebration of health and wellbeing; enjoying our positive points, and asking the question 'Is there anything I'd like to change for the better?'. We'd like **YOU** to help lead the way.

News from NHS England

Increase in patients accessing medical records online

As of September 2014, 21 per cent of patients in England have been able to access their medical records online, a significant increase on 2 per cent this time last year. The number of patients able to book appointments and request repeat prescriptions has jumped to 91 per cent and 88 per cent respectively. The Patient Online programme team has been working with practices across England to ensure they have the support needed to offer these online services.

Cancer Drug Fund

The NHS [Cancer Drugs Fund \(CDF\)](#) have published the outcome of its review of cancer drugs. The budget will grow from £200 million in 2013/14, to £280 million in 2014/15, and an estimated £340 million from April 2015. This represents a total increase of 70 per cent since August 2014. This will also create projected savings of approximately £80 million through a combination of negotiated price reductions and improved clinical effectiveness. As part of the review 59 of the 84 most effective currently approved indications (clinical 'uses') of drugs will rollover into the CDF next year, and new drug indications will be funded for the first time. These include a treatment for bowel cancer, a treatment for Mantle cell lymphoma (a type of non-Hodgkin lymphoma) and Ibrutinib for use in chronic lymphocytic leukaemia (CLL).

'Have your say on health and services': a public event for residents and all stakeholders

A public event was held in January at the Ripple Centre in Barking to get residents' input in to our Health and Wellbeing Strategy, commissioning intentions and service planning. The event was hosted by Healthwatch in partnership with Barking and Dagenham CCG. We had a packed house for the event and got some great feedback. We were able to chat with residents and all stakeholders, as well as get their written thoughts and ideas, and quite a few (highly popular) video interviews.

Presenters included Matthew Cole - Director of Public Health, Marie Kearns - CEO of Harmony House and the Healthwatch contract Manager, Dr Jagan John - one of the CCG Clinical Directors, and Sharon Morrow - Chief Operating Officer of the CCG. All of the presenters chatted with residents to get their direct feedback. There were some positive comments, and also quite a few comments and questions that we'll need to respond to in our future planning and incorporate into our refreshed Health and Wellbeing Strategy.

Feedback and questions included:

- Why has the CCG decommissioned alternative therapies?
- General Practice needs to change its hours to be more accessible.
- We don't always need to see a GP - often a practice nurse.
- Why doesn't Barking and Dagenham, Havering and Redbridge have a single commissioning team for consistency?
- The value of volunteers must always be recognised - health champions, etc.
- Maybe GPs and other professionals aren't social prescribing enough?
- Concern about walk in appointments and long waits for physical therapy (August to May).
- The Alzheimer Society would like to support trainees/offer training to GPs.
- Could volunteers within practices to help signpost people?
- Aids and equipment are not being reused as no system to return them.
- Translation services are not readily accessible.
- Positive feedback for the community treatment team.
- Is health and social care integration really working on the ground? JAT working well - how can we build on successes?
- Changing hearts and minds of local population - how do we support people to take more responsibility for their own health?
- Personal health budgets - we need to go back and look at the choice available.
- Good feedback from one resident who can see their GP on Saturdays.
- Accessing a psychologist in secondary care means a year's wait.
- Good communication at all stages is key to people's experience of care.
- Healthwatch - need to make sure that we close the feedback route.
- Need greater efficiency with the supply of equipment such as wheelchairs & commodes.
- Professionals need training to better understand autism and learning disabilities - the Sycamore Trust can provide it.
- Learning Disability passports - are not recognised or used by services effectively.
- Diagnosing cancer late, but can people see their GP when they need to?
- Mental health - children and young people; there's much focus on physical health, but stigma needs to be tackled a lot earlier.

New Medical Director

Dr Nadeem Moghal has been appointed as the new executive Medical Director at Barking, Havering and Redbridge University Hospitals NHS Trust. With a strong track record in leading quality improvements, the Trust has welcomed Nadeem to the team. Chief Executive Matthew Hopkins said: "I am delighted that Nadeem is joining us. He is committed to working across the local health economy to provide high quality, compassionate care for the patients and families that rely on us." Nadeem is currently the Director of Strategy and Knowledge Management, and Associate Medical Director, at George Eliot Hospital in the West Midlands. He built a team that transformed and delivered a unique, high quality service model for children and families. He also led one of the transformation teams that collectively brought the organisation out of special measures. He said: "I am looking forward to working with the staff at BHRUT who drew me to the organisation through their passion for the patient, responsibility to improve services, fearless want to innovate and drive to be the best, becoming empowered to face the challenges ahead."

Better Care Fund

Following the Nationally Consistent Assurance Review (NCAR) process NHS England has now formally approved the Better Care Fund plan following the publication of the 2015/16 Mandate. NHS England has said that our plan is clear and ambitious and they fully support it. They agree that it puts us in a strong position for delivering the change required to transform local services and improve the lives of people in your community. The full value of the element of the Fund linked to non-elective admissions reduction target will be paid over to CCGs at the start of the financial year. CCGs may only release the full value of this funding into the pool if the admissions reduction target is met. If the target is not met, the CCG(s) may only release into the pool a part of that funding proportionate to the partial achievement of the target. A review of this target for the 2015/16 contracting round will need to include appropriate involvement from local authorities and be approved by the H&WBB. NHS England will assess the extent to which any proposed change has been locally agreed in line with BCF requirements, as well as the risk to delivery of the ambition, as part of its assurance of CCGs' operational plans.

0 – 5 Transfer of Health Visitors

The 0-5 children's health services (health visitors and family nurse partnership) transfers to Local Authorities in October 2015. This is on a 'lift and shift' basis for 2015-16 with additional funding to ensure that Local Authorities do not take on additional financial burdens. The proposed allocation for Barking and Dagenham for the 6 month period from October 2015 to March 2016 is £2.41m. This is made up of £2.395m on a 'lift and shift' basis and £15k for commissioning support. A funding floor has been provided on the amount of resource transferred such that no local authority is funded below an adjusted spend per head (0-5 year olds) of £160, based on full year allocations. In addition, it is proposed that local authorities are given £15k for 2015-16 (£30k on a full year basis) equivalent to the 0.5 full time equivalent of commissioning resource. The Council has challenged the Department of Health's Baseline Agreement Exercise in respect of a circa 300k funding gap in overhead funding in respect of the expansion of future parts of the service. This includes the wider costs of implementing Call to Action growth. In short, NHSE provides Call to Action funding for Health Visitors only and has made no expansion funding available for other posts surrounding the new Health Visitors.

The Council has responded in writing to the Department of Health on 16 January 2015, that it does not accept the baseline allocations as adequate to meet the financial demands of the of the 0-5 children's public health service. In our opinion the funding at the proposed levels will not be adequate to commission the service at the level required without putting additional pressures on the Council's Public Health Grant. Other concerns included:

- Clarity is needed on what the arrangements for staff will be with regard to supervision and management. There is no funding to support this so current terms and conditions will not be able to be sustained.
- We also understand that it is likely that boroughs will be expected to demonstrate more rigorous performance management of the contracts, and yet there is no commissioner's management fee factored in.
- In addition not all boroughs have had their MASH staff taken from their health visitor allocations; we would like further information before we agree to this.

The Department of Health will confirm the allocation in the coming weeks.

Ebola – The National Situation

On 29 December the UK reported its [first confirmed case](#) of Ebola when a healthcare worker returning from Sierra Leone was diagnosed in Glasgow. The HCW is currently receiving treatment at the Royal Free Hospital in London where her condition is described as critical. Public Health England has completed the [contact tracing](#) of passengers who were on the same flight as the confirmed case from Casablanca to London Heathrow. Although the risk of infection to other passengers on the flight was considered extremely low, all 117 UK based passengers on the flight have been contacted and advised directly by Public Health England. Health Protection Scotland carried out a similar exercise for the 71 passengers on the Heathrow to Glasgow flight, and has also contacted all passengers. Health Secretary, Jeremy Hunt, made a [statement](#) in the House of Commons on Monday 5 January, on Ebola preparedness in the UK. Enhanced screening for travellers who have recently returned from Liberia, Sierra Leone and Guinea continues at Heathrow, Gatwick, Birmingham and Manchester airports and at St Pancras (Eurostar) railway station. Public Health England is continuously reviewing the airport screening programme and has made a number of improvements to practice since it was first introduced. It is important to note that the assessment of the UK public health risk from Ebola has not changed – it continues to be very low.

Adult Social Care Survey for 2014/2015

All Councils with Adult Social Services Responsibilities (CASSRs) are required to conduct a postal survey of their service users and the results are sent to the Health and Social Care Information Centre (HSCIC) by mid May 2015. This survey is repeated annually and provides the basis of analyses that are included in national level Official Statistics reports.

The survey, will inform the Department of Health and the Health and Social Care Information Centre, at a national level how well services are meeting service user needs. At a local level, the results will be used to inform policy and decision-making and to improve care, services and outcomes for local residents.

Currently, there are 3361 clients with services recorded on the social care database. Based on the methodology prescribed to us, questionnaires will be sent to a total of 658 clients. We require 298 completed questionnaires to be returned in order to meet the minimum margin of error as set by HSCIC.

The survey will be sent out week commencing 26 January and reminders will be sent out 4 weeks later to those who have not responded.

We have sent out communications with a copy of the questionnaire to internal staff, external stakeholders and partners, Councillors and MPs should any resident approach them regarding the survey. We also have a dedicated number that those receiving the survey can call if they need help or advice (0208 227 5464). Alternatively contact Teresa Coe, 0208 227 2155 teresa.coe@lbbd.gov.uk for further information.

Dates for your Diary

Health and Wellbeing Board Meeting Dates:

17 March 2015, 6pm, Barking Learning Centre

Learning Disabilities Valentines Ball:

14 February, 7.30 to midnight, Relish Café in Barking, Town Square, IG11 7NB. Tickets are £10 and can be purchased by calling 0208 275 5660.

Health and Wellbeing Board Development Afternoon:

Thursday 17 April 2015, 2 – 6pm.